



The Wayland XC Festival

Presented by Baldwin Insurance Agency

9:30AM/11:00AM, Sunday October 10, 2010

EVENT: A fun and challenging cross-country race through fields and wooded trails.

PLACE: Wayland High School / 264 Old Connecticut Path / Wayland, MA

COURSE: 3K (14 and under) and 5K (open) cross-country courses.
3K Youth (11-14) starts at 9:30AM / 3K Youth (10 and under) starts at 10:00AM.
5K Open starts at 11:00AM.

DIRECTIONS: *From Route 95 North or South:*

Take Exit 26 and follow the signs for Route 20 West around the rotary. Follow Route 20 for about 5.5 miles through Weston and into Wayland Center. The Wayland Police station will be on your right and a large white church on your left. Take a left turn onto 126/27 South. Follow 126/27 until the next traffic light where Routes 126 and 27 split. Take a right at the light onto Route 126 South. Wayland High School is 0.8 miles on the right.

From Route 30 and the West:

From the Mass Pike, take Exit 13 to Route 30 East. Take 30 East over Lake Cochituate into Wayland. Take a left at the next light onto 27 North. Take a left at the next light, at Finnerty's restaurant, onto West Plain Street. Follow until the end. Turn right onto Old Connecticut Path/126. The driveway to the Town Pool and Wayland High School will appear on your left in about a mile.

AWARDS: Male and Female Classes.
3K Youth: Top 3 in Class: 8 and under, 9-10, 11-12, 13-14
5K Open: First Overall; Top 3 in Class: 19 and under, 20-39, 40-49, 50-59, 60+.
Teams: 3K (10 and under, 11-14); 5K (open and high school)

BACKGROUND: The purpose of this race is to promote fitness in children and adults. This event is sanctioned by the USATF. Proceeds support Wayland cross-country teams.

ENTRY FEE: 3K Youth and High School: Pre \$5.00, Post \$10.00. 5K Open: Pre \$10.00, Post \$20.00. Make checks payable to Wayland Boosters. No Refunds.

INFORMATION: Visit our website at www.waylandxc.com.
You can also contact Eric at 508-397-1261 or eric@waylandxc.com.

SPONSORS:





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Please print, complete and mail application with entry fee to:

Wayland Boosters
 C/O Eric Bucher
 78 Rice Rd
 Wayland, MA 01778

NAME:

BIRTHDAY: / / AGE (As of 10/10/2010):

GENDER: M F

ADDRESS:

CITY: STATE: ZIP:

PHONE: - -

EMAIL:

CLUB / TEAM:

REGISTRATION: 3K YOUTH	PRE \$5.00 <input type="checkbox"/>	POST \$10.00 <input type="checkbox"/>
5K HIGH SCHOOL	PRE \$5.00 <input type="checkbox"/>	POST \$10.00 <input type="checkbox"/>
5K OPEN	PRE \$10.00 <input type="checkbox"/>	POST \$20.00 <input type="checkbox"/>

Make checks payable to Wayland Boosters. No refunds.

Note: Pre-registration payment must be postmarked October 6, 2010.

I know that running a cross country race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with participating in this event, including but not limited to falls, contacts with other participants, the effects of the weather, traffic and the conditions of the course. All such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, the Wayland Boosters, the Town of Wayland, Wayland High School, race officials, volunteers and all sponsors, their representatives and successors are hereby and forever released from any and all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any record of this event for any legitimate purpose. No Refunds.

Signature: _____ (parent or guardian if under 18) Date: _____